

LIVING LEGENDS GRIP CONTEST

All Items Subject to Improvement

Open contest showcasing 4 new events inspired by and developed with assistance by the top athletes in the sport of Grip. Each of the four Legends will be attempting to set the world record in an event that they inspired and competing for the overall win. Come out and see how you compare to the best in the sport and perhaps surpass them.

The first event will be the even thicker Andrew's Axle. A massive 2 3/8" bar that will test our athletes thick bar skill to the max.

Next up is the Glass Bar. Made to the specifications of Adam Glass; a full size 7 foot pinch barbell at 2.5" thick.

Kody Burns has been breaking anvil records the past 3 years and in an effort to stump him. We have cast a replica of a Jowett style anvil horn and made it plate loadable to see what the real max an anvil can be lifted to.

Last but not least we have the Blob master Jedd "Napalm" Johnson showcasing the new 4" Climber Pinch.

Date: August 13 2016

Location:

Durniat Strength Training Hall
3065 East Lincoln Way
Wooster, Ohio 44691

Phone: 949.230.6945

Email: durniatstrength@gmail.com

Event will run 2 classes. Classes will run side by side on 2 platforms.

Legendary: Open to all. No restriction on size, age, or weight. Compete with the top athletes in the sport.

Open: Same contest just the events will be smaller in size for us mere mortals.

Weigh in for Records purposes

Weigh In will begin at 9:00 AM

Rules at 9:30 PM

Contest Start Time – 10:00 AM

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Events Legend Class

- Andrew's Axle 2-3/8"
 - Andrew Durniat event, Deadlift to Lockout
- Glass Bar 2.5" Pinch Barbell
 - Adam Glass event, Lift to crossbar
- Cast Anvil Trainer
 - Kody Burns event, Lift to Crossbar
- 4" Climber Pinch
 - Jedd Johnson event, Lift to Crossbar

Events Open Class

- Apollon's Axle 2"
 - Deadlift to Lockout
- Glass Bar 2.5" Pinch Barbell
 - Lift to crossbar
- Cast Anvil Trainer
 - Lift to Crossbar
- 3.5" Climber Pinch
 - Lift to Crossbar

Sponsors

- Durniat Strength www.durniatstrength.com
- Fat Bastard Barbell Co www.fatbastardbarbellco.com
- Leader Sports Trading www.leadersports.com
- Sahlaney Dumbbells
- Diesel Crew <http://www.dieselcrew.com/>

Headline Athletes

In addition to being excellent athletes our Living Legends are also world class coaches. Learn more about them here.

Jedd Johnson: <http://www.dieselcrew.com/>

Andrew Durniat: <http://www.durniatstrength.com/>

Adam Glass: Adam prefers direct contact you can find him at adamtglass00@gmail.com

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Volunteers

- Darrin Shallman: Judge Open Class Platform
- Keifer Pantke: Announcer
- Katie Pantke: Scoring

Rules

Events will be Last Man Standing Format. All athletes will be required to pull the opener then can pass as desired. Weight jumps for each event will be decided at a later date. You will have 1 minute to make a successful lift. In the case of 1 handed events hands can be switched freely between hands. Athletes will be given a minimum of 1 minute rest when following another competitor and 2 minutes if following themselves.

Percentage Based Scoring.

Prizes: More to follow

Legends Class:

1st \$300 + 173 Thomas inch Dumbbell

2nd \$200

3rd \$100

Open Class

1st 2.25" Stainless Steel Crusher

2nd TBD

3rd TBD

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Entry Fee \$50 and is to be paid to Andrew Pantke by paypal, or mail. Entry after July 10th will not be guaranteed an event shirt. There will be an additional liability and release form to be signed at the contest.

Mail or E-mail entry form to
Andrew Pantke
19820 Merriman Rd
Romulus MI 48174
andrewp@fatbastardbarbellco.com

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against Fat Bastard Barbell Co LLC, Fat Bastard Barbell Co, FBBC, Andrew Pantke, Katherine Pantke, Northstar Tool, NAGS any and all sponsors or volunteers of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these events and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Fat Bastard Barbell Co LLC CONTEST and its related events, I hereby grant Fat Bastard Barbell Co LLC., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate Fat Bastard Barbell Co LLC., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that Fat Bastard Barbell Co LLC. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to Fat Bastard Barbell Co LLC. and/or any other approved video or entertainment organization hereunder.

Therefore I affix my signature below

Name: _____

Age: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____ Age: _____

Date of Birth: _____ Male _____ Female _____

Email: _____

Gripboard/World of Grip Forum Name

(opt): _____

Event Class: Legends _____ Open _____

Meet T-Shirt (Included)

Size: (S) _____ Size: (M) _____ Size: (L) _____ Size: (XL) _____

Size: (2XL) _____ Size: (3XL) _____

Signature.

(Parent or Guardian Signature required if contestant is under 18 years of age)